



Paw Prints

Grant Ranch School
5400 S. Jay Circle
Denver, CO 80123

Office
(720) 424-6880

Attendance
(720) 424-6961

October 2017

GRANT RANCH SCHOOL ECE-8



About Paw Prints 2017-2018

These publications are available online @
http://grantranch.dpsk12.org/?page_id=432
Grant Ranch Webpage - <http://grantranch.dpsk12.org>



Paw Prints is a monthly newsletter for Grant Ranch School. This is an important communication link for parents and includes important happenings at our school.

You can read, download, and print this newsletter monthly on the Grant Ranch Webpage.

<http://grantranch.dpsk12.org>



Missing Assignments? Fighting about Homework?

Let us deal with the homework battle. The C.E.O. After School Homework Program teaches your child organization, planning, time management and study skills while completing homework.

Visit results-learning.com or call 303-771-1160

Upcoming Dates



- 10/2 - Fun Run Day
- 10/5 - Picture Day
- 10/6 - Picture Day
- 10/9 - Fun Run Pledges Due
- 10/10 - 5th grade Balarat parent meeting at 5:30 pm
- 10/11 - 2nd grade SPREE field trip
- 10/12 - 5th grade (Swanson and Williss) Steele Elementary field trip
- 10/13 - 5th grade (Butterbrodt) Steele Elementary field trip
- 10/16 - Fun Run Celebration Day
- 10/23 - 10/25 - 5th grade to Balarat
- 10/24 - Parent & Teacher Conferences 3:30 - 6:30 pm
- 10/26 - No School - Professional Development for teachers
- 10/27 - No School - Professional Development for teachers
- 10/30 - 11/2 - Scholastic Book Fair



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0 Down
4 Months FREE
303-979-7772
5066 S Wadsworth Littleton 80123
Some restrictions apply

Parent Teacher Conferences

Tuesday, October 24 – 3:30 – 6:30

Wednesday, November 1 - 3:30 – 6:30

No School – Friday, November 3



PTO Fall Festival

Friday, October 20

6:00 pm

\$3.00/child

\$1.00/ticket

A night of fun filled treats and fun. Visit the Grant Ranch Web Page for more information.



PTO Meeting October 5

Please join us for our next PTO meeting

Thursday Oct. 5 6 pm – 7 pm in the library

Kids are welcome

We will be discussing upcoming events and board openings.

We would love to see you there!



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Newsletter



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NEWS FROM PTO

FUN RUN FUNDRAISER – HELP US REACH OUR GOAL!

- * We are excited to announce our 1st Annual Run4Fund\$ Campaign!
- * 100% of your donations will be tax deductible.
- * Our school will earn a substantial profit from every pledge and these funds will be used to benefit all students.
- * The Run4Fund\$ event will be an ALL student participation activity during school hours that will be fun, will promote good fitness and will drive school spirit!
- * Gather as many sponsors as you can NOW. We make it easy with a school specific website and online donations to your student!

School/Student Goal: \$10,000 /\$75

- * We are encouraging each of our students to raise \$75 in pledges.
- * Help your student(s) by sponsoring them for the Run4Fund\$ Campaign.
- * Help your student(s) contact potential sponsors like grandparents, aunts/uncles, and family friends.
- * Go to www.run4fundscolorado.com/grantranch, then “**Parent Login**”, User name **Grant** - Password **Ranch** and follow the directions to easily send emails to family and friends to sponsor your student

Sponsorship space in this newsletter is extremely affordable! Reach parents in your local community & support schools! Businesses that want to sponsor this school, please contact TSCA at info@tscaschools.com or 970-239-1641.

GOODTIMES RAISE THE MOOLAH

ALL NATURAL BURGERS
FROZEN CUSTARD

SET UP A FUNDRAISER WITH GOOD TIMES FOR
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ALL NATURAL CHICKEN TENDERS



Important Fun Run Dates

9/25/2017: All School Assembly - Parent Letters sent home and are also available online at grantranch.dpsk12.org

10/2/2017: Fun Run Day - Come out and celebrate with your student(s)! All students will run/walk as many laps as they can around a 1/16 mile track for 30 minutes. Students average 25-30 laps with a 50 lap max. Lap cards are marked for each successful lap completed. Make sure your child wears running shoes and plenty of sunscreen. Don't forget a water bottle!

News From The Library

Looking for Library Volunteers

We are seeking parent volunteers to help in the library. Please contact Jacquie Hemphill, jacquie_hemphill@dpsk12.org or 720-424-6933, if you're interested in helping out. Volunteers are needed throughout the year in the library and for the Scholastic Book Fair which is October 30-Nov 3.



STEM Club

First through third grade students are invited to join the STEM club! We will be meeting on Mondays twice a month. Look for more information in Friday folders. Can't wait to see you there!

-Mrs. Huston



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SWIMLABS SPLASH! BIRTHDAY PARTIES!
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10/9/2017: Pledges Due to School



Please collect all pledged monies from sponsors by Monday, October 09, 2017 to qualify for the incentive program. You can track your child's pledges and donate online at www.run4fundscolorado.com/grantranch! Be sure to let any "per Lap" sponsors know how far you ran so you can collect the appropriate amount. Cash/check donations should be placed in the Pledge envelope and given to the student's teacher. Please do not combine students' pledges into one envelope.

Make Checks out to:

- * **Grant Ranch School PTO** or **Donate Online**
- * Go to www.run4fundscolorado.com/grantranch to make an online pledge
- * Choose pledge amount – be sure to include student name for credit.
- * To check your Online Totals, click on "My Pledges"

User Name - **Grant**

Password - **Ranch**

10/16/2017: Celebration Day (Prizes)

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Wellness Policy

As part of recent changes to the United States Department of Agriculture's regulations for school district's participating in the National School Lunch Program, Denver Public Schools has updated its school wellness policy.

Starting this year, food sold and provided to students during the school day, outside of the school meal program, must now meet new nutritional guidelines. The new guidelines are intended to reduce students' consumption of high calorie foods and sugary drinks. This means healthier options like fruits and vegetables and less food like chips and candy for students. The updated policy will help us continue to foster an environment where students are healthy, engaged and safe.

These guidelines apply in all locations and through all services where food and beverages are provided and/or sold, which may include, but are not limited to school stores, parties and celebrations, and food provided as rewards or incentives in the classroom. <http://foodservices.dpsk12.org/school-wellness.php>

Organization!

by Roxanne Turner, PmP, BCC

When I was little, my favorite thing about school was getting new supplies at the beginning of each year. I loved the new pens, folders, notebooks and getting to figure out how I was going to organize my stuff throughout the year. Each semester offered an opportunity to make changes. Alas, I was in the minority. To say most kids struggle with organization is an understatement. It is a skill that must be learned and practiced.

Knowing their assignments, when they are due, and the resources needed to complete them is over half the battle to being successful in school. Being organized is the key to that part of the puzzle. Most kids know how to do the work, but struggle keeping track of everything or knowing where to start. As parents, our role is to provide the support our kids need without doing the work for them.

continued...



AUTUMN
leaves are falling down

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www.primrosekencaryl.com

The advertisement features a photograph of a young child in a plaid shirt sitting on a bed of autumn leaves, holding a leaf up to their face. The background is a soft-focus outdoor setting with more leaves. The text is overlaid on the right side of the image, with 'AUTUMN' in large, bold, white letters at the top. Below it, 'leaves are falling down' is written in a smaller, white, sans-serif font. The school's name and enrollment information are listed in a smaller font, followed by the contact number and website.

Organization, *continued...*

So where do we start? First, kids need to relate to the concept and understand what's in it for them. Initially, being organized takes time and effort so we need to reframe the concept so they understand the benefits: Homework gets done faster, more free time for activities such as sports or video games, less frustration, etc.

Next, tap into how your student organizes things they are interested in such as music, video games, Apps, etc. Organization comes more naturally when we are passionate about something so leverage that to draw parallels to school work and find tools that work for your student. Have a conversation with your student to discover what they like about how they organize their things and what works for them.

With my son I gained some interesting insight when organizing his closet. First, I learned he had a strong aversion to hangers so we went out and bought a dresser. This worked much better for him but as he started to put his clothes away I stared in confusion as he put his underwear and socks in the bottom drawer, then his pants/shorts in the next drawer, and finally shirts in the top drawer. This was backwards from how I would have done it but he explained, "I put the clothes in as I get dressed, makes more sense to start from the bottom up." Once he had the right tool (dresser), putting away and organizing his clothes in a way that made sense to him was no problem. That information was useful when it came to organizing his school papers.

There are three different kinds of organizational styles: visual, spatial, and chronological. Here are some clues to what your student's style might be:

Visual Organizers:

- Did you see my back pack?
- When doing homework puts all the items out in front of them

Spatial:

- Do you know where I put my backpack?
- Clears off the area when doing work

Chronological:

- Do you know when I last had my back pack?
- Stacks homework in a certain order before or after completing an assignment

continued...



Organization, *continued...*

With a basic understanding of the style or combination of styles your student demonstrates, you can provide more effective solutions. Visual organizers like color coding and other visual cues. Spatial organizers need to have all supplies within reach when doing schoolwork, and a clean work area that "feels good" to them. The chronological organizer can remember sequential steps in some sort of order and keep stacks of paper on their desks that may appear messy.

There is no magic cure for the chronically disorganized. To begin to develop a system, it starts with questions like: "What do you think about three ring binders?" "How about color coded folders, one color for each class?" "Do you want a dedicated homework folder, one side for homework to work on and the other for homework to turn in?"

Once you have some input from your student regarding what they like and don't like, now you get to experiment with different tools and work together to create that daily/weekly 5-10 minute routine to maintain their systems. If time is not being invested consistently, it makes it difficult to see what is and isn't working. It takes time but stick with it. Small gradual changes at first translate to big changes over the long haul.

Through these conversations, your student will be providing their input and increasing their personal investment. Keep in mind your system may not work for them. You can use your system as a starting point but if they say no to your ideas, that's ok and will usually get them thinking about what might work for them. When you head off to the store, have them take the lead. Don't be discouraged if they grumble, mumble, and possibly roll their eyes at first. Just provide a friendly reminder about what's in it for them. A good one to use is that it will get you off their back.

Finding the right solution for your student is an evolution as you and your student reflect on what's working and what's not. The final step for you is to ensure repetition and consistency. Studies show that it takes 66 to 264 repetitions (*Dr. Phillipa Lally, psychology researcher at University College London*) to develop (good) habits. *Don't expect to have a conversation, setup some tools and see your student become organized. It will take constructive reminders and follow up (no yelling or accusations) to make it stick. Be patient, they will get there.*

Book reference: *Organizing the Disorganized Child* by Martin Kuschner, M.D. & Marcella Moran, M.A., L.M.H.C

Roxanne Turner is a Board Certified Life Coach with extensive training in ADHD and executive functioning, focusing on the process of getting things done.

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